

**Learn some practical
new life skills to
make life easier and
more enjoyable**

- Improve your communication
- Enhance your decision making skills
- Balance your relationships
- Develop more resourcefulness
- Have life flow easily
- Get excited about living

Ensha 0409 040 283
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Meditation Classes _____ \$20

Individual Meditation Session (1/2 hour)___ \$35

Reiki Healing Treatment

Reiki restores depleted energy, promotes self healing while increasing harmony and balance _____ \$90

Pellowah Healing Treatment

Aligns the meridians, increases awareness. clearer thoughts, more stable emotions, inner strength and inner peace _____ \$100

Coaching

Provides the necessary insights and shift in perspective for you to participate fully in your own life _____ \$120 / hr

Australian Bush Flower Essences

Essences help by clearing away old patterns and supporting you through times of change. 25ml bottle _____ \$13

Light Frequency Essences

Activate the Light from Within. 25ml bottle _____ \$20

Arbah Healing

Useful for depression, anxiety, panic attacks, fears and deep embedded patterns, severe and chronic illness _____ \$100

Past Life Assimilation

Heals Past Life issues that effect you at present _____ \$100

Counseling _____ \$120 / hr

Readings _____ \$120 / hr

Space and Clutter Clearing

Home and Workplace

Personal Expansion Workshops

